

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: MOZKA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Luyten Sjobbe HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:6, starttime: 14:41
Heat: 6/6 Lane : 5 Athlete: VERACHTEN LOUIS					Q-time: 01:05:68
PB (25m pool): 01:05.68 Stedelijk Zwembad Geel 15/02/2026 PB (50m pool): 01:06.30 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.89		01:05.68	
	00:31.89		00:33.79		
					

Coach feedback:

Event number: 23: 200M FREESTYLE MEN 15-16							Heat:2, starttime: 15:45	
Heat: 2/6 Lane : 8 Athlete: MIHAILESCU STEFAN							Q-time: 02:09:33	
PB (25m pool): 02:09.33 3500 Hasselt 23/11/2025							PB (50m pool): 02:12.55 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.33		01:03.17		01:36.74		02:09.33
	00:30.33		00:32.84		00:33.57		00:32.59	
								

Coach feedback:

Event number: 24: 200M FREESTYLE WOMEN 15-16							Heat:2, starttime: 16:02	
Heat: 2/4 Lane : 8 Athlete: GEYPEN WIES							Q-time: 02:17:22	
PB (25m pool): 02:17.22 Antwerpen 12/10/2025							PB (50m pool): 02:20.82 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.45		01:04.75		01:41.49		02:17.22
	00:30.45		00:34.30		00:36.74		00:35.73	
								

Coach feedback: